



# ADVANCED TRAUMA INTERVENTION & PROCESSING FOR CLINICIANS USING THE INTEGRATIVE TRAUMA AND ATTACHMENT TREATMENT MODEL (ITATM)<sup>TM</sup>

## BUILDING CLINICAL CAPACITY FOR TRAUMA-INTERVENTION IN EMERGENCY AND CRISIS SITUATIONS

This five-day, advanced online training is designed specifically for therapists, counsellors, and clinical professionals who would like to provide trauma-specialized therapy using a step-by-step protocol. Therapists should be in a role that allows 1 hour sessions with individual clients. This course delivers a comprehensive, clinically focused exploration and application of understanding the neurobiology of trauma and trauma-informed emergency and disaster response and trauma processing and intervention using the Integrative Trauma and Attachment Treatment Model (ITATM)<sup>TM</sup>. Participants must be able to attend the training in full in order to attend.

The training is grounded in the latest research and is structured to address the real-world complexities clinicians face when supporting individuals and communities in the aftermath of crisis, disaster, or acute trauma. Trauma processing using ITATM<sup>TM</sup> can be used in a single session, brief, or ongoing format.

### CLINICAL TRAINING PURPOSE

- ✓ Equip clinicians with advanced, evidence-based tools and a step-by-step protocol to support trauma survivors with precision and confidence.
- ✓ Gain a nuanced understanding of trauma's impact on the nervous system, memory, and behaviour, and learn to apply integrative, neurosequential interventions that foster safety, regulation, and long-term healing.
- ✓ Develop specialized skills for working with various forms of trauma, dissociation, tonic immobility, and the unique challenges of crisis response and post-incident care.



### WHO SHOULD ATTEND

This session is intended for therapists, counsellors, and clinical staff working in non-profit community based and government funded mental health and addictions organizations. Unfortunately we are not able to offer registration to therapists working in private practice .

It is ideal for those providing emergency and crisis intervention support, post-incident support, or those who wish to provide this support and those providing ongoing therapy to individuals impacted by trauma, and who wish to enhance their clinical toolkit with an advanced, trauma-specialized processing model

# WHAT YOU WILL LEARN



In this 4-day session, participants will:

- ✓ Learn how to use and apply the Integrative Trauma and Attachment Treatment Model (ITATM)<sup>™</sup> protocol, a step-by-step protocol for processing trauma in a safe, structured, and neurosequential way.
- ✓ Learn how to adapt the ITATM protocol in response to emergencies, disasters, and extreme states of stress to effectively process trauma and acute crises. This approach can also be used to provide post-incident care, including brief therapy and ongoing treatment.
- ✓ Learn to assess and address dissociation, tonic immobility, and shutdown responses.
- ✓ Learn the various layers of the ITATM protocol, which integrates somatic therapy, sensory approaches, and neurobiological techniques specific to how the brain is impacted by trauma. Participants will be introduced to bilateral stimulation, sensory and somatic modulation, and reframing to support nervous system regulation and consolidation of the trauma memory.
- ✓ Develop strategies for trauma-informed interviewing and supporting clients through acute stress reactions.
- ✓ Build clinical confidence in managing challenging trauma responses and supporting resilience in clients and communities.

Developed by Lori Gill, the Integrative Trauma and Attachment Treatment Model (ITATM)<sup>™</sup> is a neurosequential, evidence-based approach that combines evidence based techniques such as drawing, somatic therapy, visualization, resource installation cognitive-behavioural techniques, and bilateral stimulation in an efficient step-by-step protocol.

## ABOUT ITATM<sup>™</sup>

ITATM<sup>™</sup> allows clinicians to address trauma without requiring clients to recount distressing memories, supporting regulation and healing at every stage of recovery. The model is adaptable for use in single incident, acute crisis, post-incident, and ongoing therapeutic contexts, and is recognized for its effectiveness in reducing symptoms of suicidality, self-harm, addiction, anxiety, and depression.

# COURSE STRUCTURE



This five-day training is delivered live online, blending didactic instruction, interactive discussion, clinical demonstrations, case examples, and small group personal practice using the model. Participants will learn about real-world case examples, see live or prerecorded demos of the ITATM protocol applied, and will have multiple opportunities to practice using the ITATM protocol as client and therapist, designed to translate theory into practice. Ongoing consultation support is available following the training. This training is funded through the Government of Ontario and is provided at no cost to participants. **Full participation is required to attend.**

"As a trauma therapist, I can confirm that this therapeutic approach was nothing like anything I have done before. It promotes deep trauma healing and releasing based on subconscious and embodied therapeutic work. The Integrative Trauma and Attachment Treatment Model (ITATM) is quite comprehensive and holistic in nature focusing on mind-body neuroscience and somatic approaches."

"I just want to take this opportunity to let you know how much I utilize ITATM when working with clients. I really appreciate the simple ways you taught us how to describe the nervous system, and messages we want our brain to hear. I use these methods all the time and think of you fondly."

"I highly recommend the ITATM training. This certification is for anyone working with children, youth, and adults who have experienced trauma. Lori Gill is extremely skilled and knowledgeable in the area of trauma and attachment. I come away from each workshop and supervision with continued insight that informs my professional practice."



## Training Details

Free to Attend

However participants must be able to attend the training in full (all 5 days 9-4)

Dates vary please see below

Time: 9:00 AM – 4:00 PM

Format: Live Online Training

Registration Here:

<https://forms.gle/g236eN8T9tvqE2Xy6>

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## ABOUT THE LEAD PRESENTER

**Lori Gill, R.P., M.A. (Counselling Psychology)**

Lori Gill is an internationally recognized Certified Trauma Specialist, Consultant, and Trainer with over 18 years of experience in trauma, attachment, and mental health.

She is the developer of the ITATM® model and has trained thousands of clinicians worldwide in trauma-informed care and intervention.

Lori's work is known for its integration of cutting-edge neuroscience, practical clinical tools, and a compassionate, client-centered approach.



## Meet Our ITATM™ Certified Trainers

ATTCH Niagara's training team brings diverse expertise and a shared commitment to trauma recovery, resilience, and community capacity-building. Each trainer has completed the ITATM™ Train-the-Trainer program and is dedicated to advancing trauma-informed practice across Ontario.

### Brooke Caruk, Registered Psychotherapist (RP)

Brooke is a Registered Psychotherapist committed to guiding individuals on their journey to healing and recovery. She completed her graduate placement with ATTCH Niagara and Lori Gill Psychotherapy (LGP), and now works as a therapist with LGP. Brooke embraces a client-centered and integrative approach, informed by training in ATTCH's Integrative Trauma and Attachment Treatment Model (ITATM™). She is driven by the belief that healing is a deeply personal journey, and each step taken towards recovery is a triumph.



Brooke is honoured to serve as an ITATM™ trainer, supporting clinicians in building trauma-informed capacity across Ontario. Participating in the Train-the-Trainer program has deepened her understanding of trauma, especially in acute and emergency contexts. She is committed to empowering others, fostering resilience, and facilitating transformative healing. Brooke recommends ITATM™ training for clinicians working with diverse populations, believing in its supportive, empowering, and effective approach to trauma recovery.

### Leigh Staats, MSW, RSW Indigenous Trauma Therapist

Leigh Staats identifies as Indigenous from the Six Nations community and settler ancestry. Leigh holds a Master of Social Work with a specialty in Indigenous Trauma and Resiliency, and is a Registered Social Worker with the Ontario College of Social Workers and Social Service Workers. Leigh has extensive experience supporting Indigenous adults in both urban and rural settings, providing frontline mental health and addiction services as well as management in health and wellness.



Leigh has used the ITATM™ model for many years and has witnessed its effectiveness in fostering meaningful healing for individuals, families, and communities. Leigh incorporates mindfulness and Indigenous approaches alongside ITATM™ to assist clients in achieving wellness. As an ITATM™ trainer, Leigh is passionate about strengthening community capacity, ensuring healing-informed practices are accessible and sustainable, and supporting trauma recovery and resilience within the communities served.

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### Naomi King, MSW, RSW Registered Social Worker

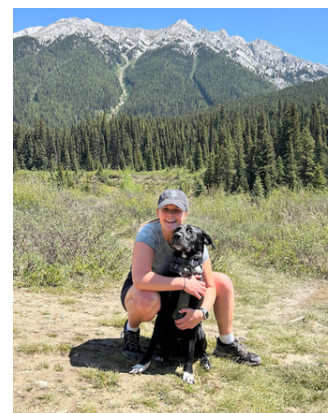
Naomi King is an experienced Social Worker specializing in trauma-informed care for children, youth, and families. Naomi holds a Master's Degree in Social Work from the University of Windsor and offers eight years of counselling experience, including advanced training in working with individuals affected by sexual abuse and exploitation. Her approach is grounded in attachment theory and developmental trauma, utilizing mindfulness and self-compassion to support clients with disordered eating, anxiety, grief, and loss.



Becoming an ITATM™ trainer has strengthened Naomi's clinical skills and provided opportunities to connect with clinicians across Ontario. Naomi is deeply privileged to share Lori Gill's research and to equip professionals with the tools needed for effective trauma intervention. Naomi values the reassurance that, during times of crisis, communities will have access to skilled mental health care and encourages clinicians working with any population to pursue ITATM™ training.

### Amanda Bonin, MC Candidate Trauma Counsellor

Amanda is a trauma counsellor certified in ITATM™ processing and is currently completing a Master of Counselling degree. Amanda has been working at ATTCH Niagara since February 2023, supporting clients with a trauma-informed approach. She offers a safe, welcoming environment for healing and is passionate about helping others move towards a more grounded and embodied life.



Amanda became an ITATM™ trainer to deepen her understanding of the model and to support communities beyond individual client work. She values the enriching experience of training, including the opportunity to deliver ITATM™ in French to increase inclusivity. Amanda is committed to building awareness and capacity for trauma-informed care and looks forward to equipping mental health workers to better support clients with trauma histories

# 5 Day Advanced Trauma Intervention & Processing using ITATM for Counsellors

Free Online Training



## Scheduled 5 day Training Dates

### Upcoming training dates are as follows (Additional Dates to Follow):

June 1-5, 2026 (Full 5 Days)

July 13-17, 2026 (Full 5 Days) **Child and Youth Focus**

September 17 & 18, 2026 for Part 1 Day 1 & 2

September 23-25, 2026 for Part 2 Day 3-5\* Must have completed part 1 in order to register

October 19-23, 2026 (Full 5 days)

January 4-8, 2027 (Full 5 days)

### French training dates:

November 2 & 3, 2026 for Day 1 & 2.

November 11-13, 2026 for Day 3-5.

### Training dates for Indigenous Communities:

Oct 26-30 (Full 5 Days)

Nov 23-27(Full 5 Days)

Jan 18 - 22(Full 5 Days)



"Gave me some hope around a model that can work for a population that we often see but don't have a model that can really address their needs."

"I am so excited to start using the model. Thank you for giving me the skills and structure - I feel empowered and excited to integrate the model into my regular practice."



I loved everything about my experience learning about ITATM this past week - I have been talking about it non-stop with family and friends. I would eagerly embrace any opportunity to continue to grow within your organization.



Register here:

<https://forms.gle/UhSlqgTHdzqDzCJc8>